



Italy tel: +39 338 500 9540  
 UK tel: +44 (0) 7713 628763  
 email: info@trekmountains.com  
 web: www.trekmountains.com  
 address: trekMountains, 27 Meaford Avenue,  
 Stone, Staffordshire ST15 8LT, UK

## Trekking Insurance & Next of Kin Information

**Please complete this form in CAPITAL LETTERS, then scan or photograph it and return it by email.**  
 Alternatively complete it online at <http://trekmountains.com/pre-trek/insurance-form/>

It is a condition of booking that you have adequate medical and travel insurance for your trip.  
 Your insurance **must** cover you for

- the entire period of your travel away from home
- the activities and the altitude involved in the trip
- for helicopter rescue and repatriation.
- You should also notify the insurance company of all pre-existing medical conditions.

Please note that many insurance companies do not cover these requirements. There are a few insurance companies that specialise in insurance policies suitable for trekking expeditions. If your current travel insurance company cannot provide you with a suitable policy, please contact us for further information. We recommend that you also have insurance for cancellation and personal baggage. Once you have arranged your insurance, please complete this insurance declaration form, and return it to us as soon as possible.

Name:	
Trip Title:	
Land-only dates:	
Names of other any people on same booking with identical insurance & emergency contact details:	

### Contact details of the person you would like us to contact in an emergency:

Their name:		Their relationship to you:	
Their email:			
Their mobile telephone: include country code			
Their daytime telephone: include country code			
Their evening telephone: include country code			

### Insurance information:

Insurance company:			
Insurance policy number:			
Insurance company general telephone number: include country code			
Insurance company emergency international assistance telephone number: include country code			
I confirm that I have checked that this insurance covers me for (1) the entire period of my travel away from home (2) the activities and altitude involved in the trip and (3) for helicopter rescue and repatriation. (4) I have also notified my insurance company of all my pre-existing medical conditions			
I understand that responsibility for the payment of all bills incurred for rescue and repatriation, or for the alteration of an itinerary lies ultimately with myself, the client, in the event of the insurance company not paying for them. I am responsible for ensuring that these payments can be met as outlined in the Booking Conditions.			
Your Signature:		Date:	